



Essential Micro

LC25

LINFO ESSENTIAL (500ml.)

DRAINING NUTRITIONAL SUPPLEMENT WITH PLANT EXTRACTS AND VITAMIN C.



P.V.P
19€

- Peripheral edema and fluid retention in feet, knees and legs.
- Treatment adjuvant of the cellulitis.
- Varicose veins y haemorrhoids.
- Complement of slimming diets.
- Premenstrual syndrome.
- Detoxification.

DOSAGE INDICATIONS

The dosage is only indicated for information purposes and should be adapted to each patient according to the criteria of a health professional.

Take 20ml. once a day.

RUSCUS	VID	BAMBO	BIRCH	ORTHOSIPHO	GOLDENROD (SOLIDAGO)	VITAMIN C
100mg.	50mg.	100mg.	50mg.	50mg.	50mg.	80mg.
Antiinflammatory Diuretic.	Promotes blood circulation .	Improves elasticity.	Diuretic. Depurative.	Draining.	Diuretic.	Antioxidant.

Essential Micro

LC25
LINFO ESSENTIAL (500ml.)

LINFO ESSENTIAL has a synergistic action of active ingredients of plant extracts and vitamin C that contribute to increase the resistance of blood vessels and the relief of edema and tired legs. The compounds present in ruscus, red vine and bamboo add a powerful venotonic effect increasing the resistance of the venous walls and decreasing their permeability avoiding the passage of fluid into the extravascular space.

- **Ruscus**, venotonic action, increases venous tone through the alpha-adrenergic mechanism.
- **Red vine**, increases the resistance of blood vessels by decreasing their permeability.
- **Bamboo**, strengthens the elasticity of connective tissue that is part of the walls of blood vessels.
- **Birch**, decreases fluid retention and helps reduce fat accumulation.
- **Orthosiphon**, diuretic that prevents fluid retention. It also has a purifying effect helping to eliminate toxic substances present in the body.
- **Goldenrod**, diuretic. Decreases edema and fluid retention.
- **Vitamin C**, necessary for the synthesis of collagen which strengthens the vascular walls.

NUTRITIONAL VALUES

	By 20ml.	%NRV*
Black currant	1,000 Mg	-
Bamboo	100 Mg	-
Rusco	100 Mg	-
Grape	50 Mg	-
Orthosiphon	50 Mg	-
Putting green firebrand	50 Mg	-
Goldenrod	50 Mg	-
Birch	50 Mg	-
Vitamin C	80 Mg	100%

* %NRV: Nutrient Reference Values.

PRESENTATION

- Box of 500ml.

Bibliography

Herbal medicines for human use - Draft, EMA, 01/2017. · PDR for Herbal Medicines 4th edition, Thomson Healthcare, US 2007. · European Scientific Cooperative On Phytotherapy Monographs - The Scientific Foundation for Herbal Medicinal Products 2nd edition, ESCOP, UK 2003. · Ben Salem M, Affes H, Ksouda K, Dhoubi R, Sahnoun Z, Hammami S, Zeghal KM. Pharmacological Studies of Artichoke Leaf Extract and Their Health Benefits. Plant Foods Hum Nutr. 2015 Dec;70(4):441-53. · Bundy R, Walker AF, Middleton RW, Marakis G, Booth JC. Artichoke leaf extract reduces symptoms of irritable bowel syndrome and improves quality of life in otherwise healthy volunteers suffering from concomitant dyspepsia: a subset analysis. J Altern Complement Med. 2004 Aug;10(4):667-9 Prentice A..



T : 91 112 32 05 - 93 012 03 67 -  607 86 45 07 • pedidos@essentialdiet.es • www.essentialdiet.es

META