Essential Micro LC25 LINFO ESSENTIAL (500ml.) DRAINING NUTRITIONAL SUPPLEMENT WITH PLANT EXTRACTS AND VITAMIN C.



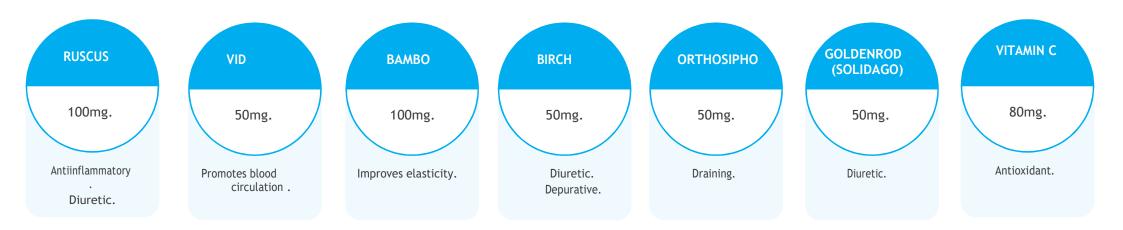
- - Peripheral edema and fluid retention in feet, knees and legs.
 - Treatment adjuvant of the cellulitis.
 - Varicose veins y haemorrhoids.

Complement of slimming diets.Premenstrual syndrome.Detoxification.

OOSAGE INDICATIONS

The dosage is only indicated for information purposes and should be adapted **to** each patient according to the criteria of a health professional.

Take 20ml. once a day.





LINFO ESSENTIAL has a synergistic action of active ingredients of plant extracts and vitamin C that contribute to increase the resistance of blood vessels and the relief of edema and tired legs. The compounds present in ruscus, red vine and bamboo add a powerful venotonic effect increasing the resistance of the venous walls and decreasing their permeability avoiding the passage of fluid into the extravascular space.

- **Ruscus**, venotonic action, increases venous tone through the alpha-adregenic mechanism.
- **Red vine**, increases the resistance of blood vessels by decreasing their permeability.
- **Gamboo**, strengthens the elasticity of connective tissue that is part of the walls of blood vessels.
- **Birch**, decreases fluid retention and helps reduce fat accumulation .
- **Orthosiphon**, diuretic that prevents fluid retention . It also has a purifying effect helping to eliminate toxic substances present in the body.
- **Goldenrod**, diuretic. Decreases edema and **fluid** retention .
- Vitamin C, necessary for the synthesis of collagen which strengthens the vascular walls.

NUTRITIONAL VALUES		By 20ml.	%NRV*
	Black currant	1,000 Mg	
	Bamboo	100 Mg	
	Rusco	100 Mg	
	Grape	50 Mg	
	Orthosiphon	50 Mg	
	Putting green firebrand	50 Mg	
	Goldenrod	50 Mg	
	Birch	50 Mg	
	Vitamin C * %NRV: Nutrier	80 Ma nt Reference Values	100%

PRESENTATION

• Box of 500ml.

Bibliography

• Herbal medicines for human use - Draft, EMA, 01/2017. • PDR for Herbal Medicines 4th edition, Thomson Healthcare, US 2007. • European Scientific Cooperative On Phytotherapy Monographs - The Scientific Foundation for Herbal Medicinal Products 2nd edition, ESCOP, UK 2003. • Ben Salem M, Affes H, Ksouda K, Dhouibi R, Sahnoun Z, Hammami S, Zeghal KM. Pharmacological Studies of Artichoke Leaf Extract and Their Health Benefits. Plant Foods Hum Nutr. 2015 Dec;70(4):441-53. • Bundy R, Walker AF, Middleton RW, Marakis G, Booth JC. Artichoke leaf extract reduces symptoms Of irritable bowel syndrome and improves quality of life in otherwise healthy volunteers suffering from concomitant dyspepsia: a subset analysis. J Altern Complement Med. 2004 Aug;10(4):667-9 Prentice A..





